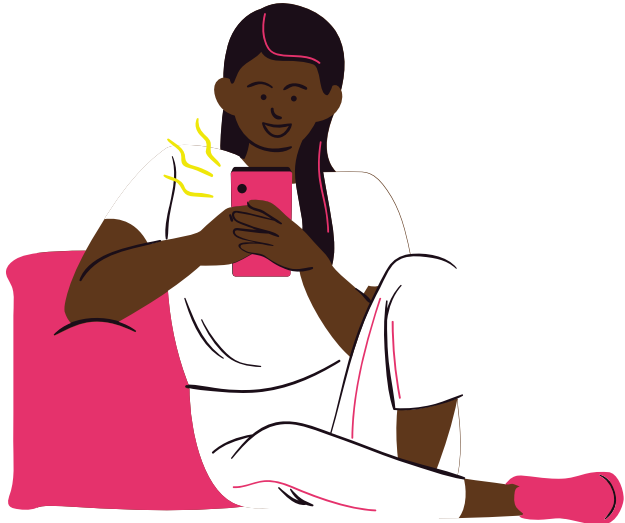


988 NATIONAL SUICIDE & CRISIS LIFELINE



Calls to 988 from a ME # are routed to The Maine Crisis Line (MCL)



The MCL is the single point of entry to Maine's Behavioral Health Crisis Services System: Call or text 1-888-568-1112.

Individuals experiencing a crisis and in need of immediate assistance have access to:

Support and Safety Planning

Information & Referrals

A local mobile crisis team

Individuals who are not experiencing a behavioral health crisis and are seeking referral information only are transferred to 2-1-1 Maine

Phone, text, and chat* services are free & available 24/7. Call or text 988. FMI visit opportunityalliance.org/crisis or heretohelpmaine.com/



*988 chats and texts are answered by the National Lifeline Center