

4 Hour Outline

Session One Activities

Activity: Boundaries (10 minutes)

Activity: Expressing Healthy Boundaries (20 minutes)

Session Two Activities

Activity: Group Brainstorm (20 minutes)

Activity: Video presentation of “ABC 20/20: What Would You Do” (30 minutes)

Activity: Role Plays (30 minutes)

Session Three Activities

Activity: “All the Single Ladies” (30 minutes)

Session Four Activities

Activity: What Do You Teach Your Children? (10 minutes)

Activity: “Assess Your Comfort” (20 minutes)

Session Two Activities

Activity: Responding to a Child’s Disclosure (10 minutes)

Activity: Review Reporting Procedures (5 minutes)